







*Word box: stereotypes, gender roles, similar. Different, male and female, private parts, penis, vagina, womb, family, foster, adoption, relationship*

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| PSHE Programme of StudyCore Theme 1: Health and Wellbeing* To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable anxious or that they believe to be wrong.
 | Learning Intention * To consider touch and know that a person has the right to say what they like and dislike

Outcome* Identify different types of touch that people like and do not like
* To understand personal space
* Talk about how to deal with unwanted touch
 | Lesson TitlePersonal Space | Resources- see SRE staff server |
| Core Theme 2: Relationships* To be aware of different types of relationship including those between friends and families civil partnerships and marriage.
* To judge what kind
 | Learning Intention* To explore different types of families and who to go to for help and support

Learning Outcome* Understand that all families are different and have different family members
* Identify who to go to for support and help
 | Lesson title:Family differences |  |



*Word box: puberty, lifecycle, pubic hair, egg, vagina, breasts, nipples, feelings, emotional, menstruation, period, Different, male and female, private parts, vagina,*

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| PSHE Programme of StudyCore Theme 1: Health and Wellbeing* How their body and emotions will change as they approach and move through puberty.
* To recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them
 | Learning Intention * To explore the human lifecycle

Learning Outcome* Describe the main stages of the human lifecycle
* Describe the body changes that happen when a child grows up
 | Lesson TitleGrowing and Changing | Resources- see SRE staff server |
| Science Attainment Targets* Describe the changes as humans develop to old age
 | Learning Intention* To identify some basic facts about puberty

Learning Outcome* Discuss male and female body parts using agreed words
* Know some of the changes which happen to the body during puberty.
 | Lesson title:What is puberty? |  |
|  | Learning Intention* To explore how puberty is linked to reproduction

Learning Outcomes* Know about the physical and emotional changes that happen in puberty
* Understand that children change into adults so they are able to reproduce
 | Lesson title:Puberty changes |  |



*Word box: puberty, lifecycle, different, male and female, private parts, pubic hair, egg, vagina, breasts, feelings, facial hair, emotional, menstruation, period, vagina, sweat, tampon, sanitary towel,*

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| Science Attainment Targets* Describe the changes as humans develop to old age
 | Learning Intention* To identify some basic facts about puberty

Learning Outcome* Discuss male and female body parts using agreed words
* Know some of the changes which happen to the body during puberty.
 | Lesson title:What is puberty? | Resources- see SRE staff server |
|  | Learning Intention* To explore how puberty is linked to reproduction

Learning Outcomes* Know about the physical and emotional changes that happen in puberty
* Understand that children change into adults so they are able to reproduce
 | Lesson title:Puberty changes |  |
| PSHE Core theme 1:* How their body will and emotions may change as they approach and move through puberty
* To recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them
 | Learning Intention* To explore the physical and emotional changes that happen in puberty

Learning outcomes* Explain the main physical and emotional changes that happen during puberty
* Ask questions about puberty with confidence
 | Lesson Title: Talking about Puberty |  |
| PSHE Core theme 2:* To feel confident to raise their own concerns to recognise and care about other people’s feelings
 | Learning Intention* To understand male and female changes during puberty in more detail

Learning Outcomes* Understand how puberty affects the reproductive organs
* Describe how to manage physical and emotional change
 | Lesson Title: Menstruation -Female Changes |  |



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| PSHE Core theme 1:* To feel confident to raise their own concerns to recognise and care about other people’s feelings
 | Learning Intention* To understand male and female changes during puberty in more detail

Learning Outcomes* Understand how puberty affects the reproductive organs
* Describe how to manage physical and emotional change
 | Lesson Title: Male and Female Changes |  |
| PHSE Core theme 1:* About human reproduction
* The importance of protecting personal information including passwords, addresses and the distribution of images of themselves and others
 | Learning Intention* To consider puberty and reproduction

Learning Outcomes* Describe how and why the body changes during puberty in preparation for reproduction
* Talk about puberty and reproduction with confidence
 | Lesson Title: Puberty and Reproduction |  |
| PHSE Core theme 2: * To be aware of different types of relationship including those between family and friends, civil partnerships and marriage
* To recognise what constitutes positive healthy relationships and develop the skills to form them
 | Learning IntentionConsider physical and emotional behaviour in relationshipsLearning OutcomesDiscuss different types of adult relationships with confidenceTo know what form of touching is appropriate | Lesson Title: Understanding Relationships |  |

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